



NOTICE OF RACE

2025 Manitoba Provincial Optimist Championships Saturday, August 23, 2025

Sail Manitoba Optimist Training Camp Friday, August 22, 2025

1. Host and Venue:

- 1.1 The Manitoba Provincial Optimist Championships is co-hosted by the Falcon Sailing Club (FSC) and the West Hawk Lake Sailing Club (WHLSC).
- 1.2 The event venue is FSC, at Faloma, Falcon Lake, Manitoba.

2. Aquatic Invasive Species Precautions – Protecting our Lakes Together

- 2.1 All participants (sailors, coaches, parents) bringing boats from any lake other than Falcon Lake or West Hawk Lake must complete the necessary precautions (clean, drain, dry) and inspection/decontamination to protect against spreading zebra mussels and other aquatic invasive species.
- 2.2 Inspection and decontamination is available at Manitoba Watercraft Inspections Stations. Information on locations of Watercraft Inspection Station Locations is available [at Province of Manitoba | Aquatic Invasive Species \(gov.mb.ca\)](https://www.gov.mb.ca/aquatic-invasive-species/).

3. Rules

- 3.1 The races will be governed by the Racing Rules of Sailing 2025 – 2028, the prescriptions of Sail Canada, the Optimist Dinghy Rules (except as any of these are altered by this Notice of Race), and the Sailing Instructions.

4. Sailing Instructions (SIs)

- 4.1 SIs will be included in the Registration Package, which will be available at registration. They will also be posted on the club bulletin board prior to the event.

5. Eligibility and Entry

- 5.1 The event is open to boats of the Optimist and Pram classes.
- 5.2 Sailors shall be under the age of 14 years as of December 31, 2025 (Sailors born 2011 or later.)



- 5.3 Each sailor shall either be a member in a club, which is currently in good standing with Sail Manitoba and Sail Canada, or have participated in a Learn-to-Sail program in 2025 at a club in good standing with Sail Manitoba and Sail Canada.
- 5.4 All registrations for the Manitoba Optimist Provincial Championships must be done online *via* Checkclick using the following link: <https://falconsailingclub.checkclick.com>. The registration end date is August 21, 2025. There is no in-person registration. Check-in will be at FSC from 9-10:00 am on August 23, 2024.
- 5.5 Registration for the optional Sail Manitoba hosted Training Camp at FSC on August 22, 2025, is *via* Checkclick using the following link: <https://manitobamobilesailingschool.checkclick.com>.

6. Entry Fees

- 6.1 Entry fee is \$35 per sailor for the Manitoba Optimist Provincial Championships. Race registration includes racing, lunch, and a post-race snack/hot dog.
- 6.2 Entry fee is \$50 per sailor for the Sail Manitoba hosted Training Camp on August 22, 2025. Registration includes coaching from Provincial Team Optimist Coach.

7. Schedule

- 7.1 The Sail Manitoba hosted Training Camp will start at 9:00 am on August 22, 2025, and run until 4:00 pm, with a break for lunch. Participants are responsible for bringing their own lunch and snacks.
- 7.2 The following race day schedule is planned. The race committee reserves the right to make changes to the schedule. Observe club bulletin boards for any change
- 9 – 10:00 am: Check-in at FSC – lower clubhouse and Rigging
 - 10:00 am: Sailors & RC Committee meeting (15 minutes)
 - 10:15 am: Get on water
 - 10:45 am: Start of first race; second race to follow
 - 12:00-12:30 pm: Lunch on shore after second race
 - 1:00 pm: Third – Fifth races
 - 3:00 pm: Latest start time for last race
 - 4:00 pm: Post-race snack
 - 4:30 pm: (or earlier) - Awards



8. Fleets

- 8.1 If there are enough registrations, the event may be comprised of two fleets, a Main Fleet and Green Fleet.
- 8.2 Sailors in the Main Fleet will be eligible for the Manitoba Optimist Provincial Championships.
- 8.3 Sailors in the Green Fleet may receive coaching while participating in the races.

9. Courses

- 9.1 The courses to be sailed will be windward leeward. Details regarding start and finish lines will be set out in the SIs.
- 9.2 There may be different length courses for the Green Fleet and the Main Fleet.

10. Scoring

- 10.1 The Low Point Scoring System, as described in Appendix A of the Racing Rules of Sailing, will apply with the following precisions.
- 10.2 One race is required to constitute a series.
- 10.3 A maximum of five races are scheduled.
- 10.4 When fewer than five races have been completed, a boat's series score will be the total of that boat's race scores.
- 10.5 When five races have been completed, a boat's series score will be the total of that boat's race scores excluding the worst score.

11. Awards

- 11.1 Medals for 1st, 2nd, and 3rd will be awarded for the Main Fleet and the Green Fleet. Sail Manitoba Optimist Provincial Championship Trophies will be awarded at the Annual Awards Night in November 2025.

12. Safety

- 12.1 All competitors are required to wear a DOT approved PFD at all times while afloat.
- 12.2 All boats shall have a minimum 5-meter painter line that must be attached to their mast when on the water.



13. Boat Usage

- 13.1 The FSC and WHLSC Optimists/Prams and the Sail Manitoba Prams are available for the use of sailors at no charge for this regatta on a first-ask, first-served basis, except that students of the FSC and WHLSC Learn to Sail Programs have priority access to FSC and WHLSC boats. Boats must be reserved by contacting Sharlene at sharlenetl@gmail.com, by no later than August 21, 2025.

14. Contact

- 14.1 Race Chair, Paul Krestanowich at: paul@hollandfinancial.ca.
- 14.2 FSC Boats, Sharlene Telles-Langdon at: sharlenetl@gmail.com.
- 14.3 Sail Manitoba, Claire Holliday at summer.sailing@sportmanitoba.ca